



INFORMATION FOR VISITING UNIVERSITY REPRESENTATIVES 2018-19

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Croeso! Welcome! Benvenuto! Willkommen! Bienvenue!

It is a pleasure to welcome you to UWC Atlantic College. Your visit to AC will provide our students with an invaluable insight into what your institution has to offer to them and whether it will be their dream destination for higher education.

Despite being located in the more rural areas in South Wales, each year a large number of university representatives make it out to St Donat's Castle to see our students. This quite comprehensive document is aiming to make your visit as easy and enjoyable as possible.

We are updating this yearly so if you find there is information missing or not correct, please feel free to let us know.

Should there be any further questions, please do not hesitate to contact us.

We look forward to seeing you soon.

Best

Janie and Francine
Summer 2018

Contact Details

Janie Digby
University Guidance Counsellor
Janie.Digby@atlanticcollege.org
T +44 1446 799 179

Francine Mohammed
University Guidance Counsellor
Francine.Mohammed@atlanticcollege.org
T +44 1446 799 007

UWC Atlantic College
St Donat's Castle
LLANTWIT MAJOR
CF61 1WF
Wales, UK

General contact:
T +44 1446 799 000
F +44 1446 799 013
us.apps@atlanticcollege.org
www.atlanticcollege.org



Fast Facts

UWC Mission

The UWC movement makes education a force to unite people, nations and cultures for peace and a sustainable future.

UWC Atlantic College is the founding college of a worldwide network of now 17 colleges around the world:

Africa:	Waterford Kamhlaba UWC Mbabane, Swaziland
Asia:	Li Po Chun UWC Hong Kong SAR, China
	UWC Mahindra College Pune, India
	UWC South East Asia Singapore
	UWC Changshu Changshu, China
	UWC Thailand Phuket, Thailand
	UWC ISAK Japan Karuizawa, Japan
Europe:	UWC Adriatic Duino, Italy
	UWC Atlantic College Llantwit Major, UK
	UWC Dilijan Dilijan, Armenia
	UWC Maastricht Maastricht, the Netherlands
	UWC in Mostar Mostar, Bosnia and Herzegovina
	UWC Red Cross Nordic Flekke, Norway
	UWC Robert Bosch College Freiburg, Germany
North America:	Pearson College UWC Victoria, Canada
	UWC-USA Montezuma, New Mexico, USA
Central America:	UWC Costa Rica Santa Ana, Costa Rica

- Atlantic College opened in 1962. The castle was built in the late 12th century.
- In 1971 Atlantic College was the first college in the world to adopt the International Baccalaureate as its sole examination qualification.

2017-18

Total number of students:	361
Second years (seniors):	178
First years (juniors):	190

- First and Second Year students work towards the IB Diploma as well as in an extensive co-curriculum programme that engages with key global issues of peace and sustainability central to the United World College mission (www.uwc.org).
- Almost 90 different nationalities are represented in the student body.
- Approximately 60% of our students speak English as a second language.
- Over 60% of our students are on full or partial scholarships.

The latest **Atlantic College Profile** can be downloaded here:

www.atlanticcollege.org/university

Arranging your Visit

How and when we host University Visits

We generally offer visits during the week, **Monday to Thursday** with University presentations usually scheduled for **17.00-18.00** and **possible individual interviews/ small group meetings during the evening after the talk or the following morning**. This way we try to avoid any clashes with other activities in order to maximise potential audiences for you. Most visits take place during the autumn term but we can arrange visits also in the spring until May, if preferred. We are willing to make exceptions to this rule if needed, so please feel free to ask.

As you know all UWCs have a busy schedule and we are running Conferences throughout the year and of course well-deserved breaks. Therefore, we can offer the following periods for visits to our College in autumn 2018:

- **3rd September to 26th October**
- **4th November to 7th December**

Larger Events and Group Visits

For the past few years we were able to organise a College Fair for universities visiting the Fulbright Fair in London in September on the Sunday after. This was not possible in 2016 but we are excited to welcome US universities back to UWC Atlantic College for a **College Fair on Sunday, 30th September from 13:00 – 17.00**. If you are interested in attending this event, please email us.

There is a group organised by David Fredrick touring the UWCs who are coming for a College Fair on the 28th September, so we cannot offer a visit then.

In spring time, we have a group of **Dutch** Universities and University Colleges visiting the College. The date for 2019 still needs to be set.

In May we have run the annual **UK University Fair**. Invitations for this will be sent out to universities in early 2019.

We are very happy to welcome **group visits** and might be able to offer weekend times for this, if they do not clash with other events. Of course, then can also take place during the week in the afternoon/evening.

What if you cannot come – Skype Presentation

We know sometimes coming all the way to South Wales is simply not possible in your busy travel schedules. Therefore, we have started to offer Skype Presentations. This is not ideal but better than no visit at all. 😊 Often this also allowed having former AC or UWC students join the presentation from your campus.

We run these the same times as our usual presentation times (17.00-18.00 GMT), which makes it easier for universities in North America with the time difference to the UK.

We have a large screen with speakers and a camera with microphone to allow for this set up.

It would be great if you could send a box with material to hand out at the event in advance or send as a 1-2 page document that we would print for you and hand out to the students at the

Skype presentation. We can also offer to ask the students to sign down the name and email address to be sent to you as a list after the presentation.

Sending Material

Please feel free to send material to hand out to our students at the presentation to the College in advance. Please note that our reception can accept normal mail and courier packages from Monday-Friday only. For this please use the following address:

University Guidance Team
UWC Atlantic College
St Donat's Castle
LLANTWIT MAJOR
CF61 1WF
The Vale of Glamorgan / Wales (*county that might be required*)
United Kingdom
T +44 1446 799 000

What to expect when you are here

Arrival

We ask university representatives to arrive at the College latest at 16.30 for the 17.00 presentation. You are welcome to arrive as of 16.00. This will allow some time to refresh, get a coffee, set up and, if wanted, a short tour of the castle, its gardens and the campus. Please see [Where to find me us the campus](#) for further details.

Other Universities

Due to the amount of visit requests and wanting to provide as many opportunities to students as possible, we cannot guarantee that you will be the only university present. We will inform you before your visit if and which universities will join you. We aim to not have more than 5 universities for any one evening slot.

Students Attending

We do not make university presentations mandatory for students to attend and therefore cannot guarantee that any students show up. However, this is very rarely the case. On average there will be at least 5 and up to 35 students for a single university visit. Should several university present at the same time the student group can increase to up to around 60 students. We aim to provide a room large enough for the expected number of students, and would split the hour in shorter time slots accordingly, leaving some time for questions at the end.

Our time slot from 17.00-18.00 starts after service. Therefore, please excuse if students join the presentation later or have to leave early.

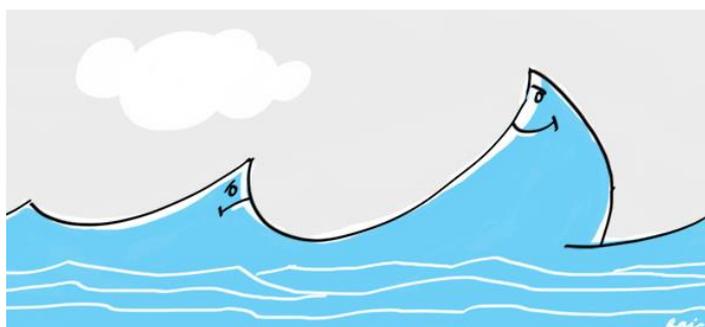
In Autumn you will be mostly seeing students in their second and final year at AC. In spring you will see first year (junior) students.

Making WAVES at AC

Language Inclusion Advice for External Speakers

Thank you very much for coming to speak to our students at AC. Hearing from inspiring people like you is an experience our students very much appreciate. What you say can really make a difference.

As you know, we are proud to be an extremely international, diverse community at AC. However, this means that not all of us speak and understand English to the same level. To make sure that your words are equally accessible to all our students, regardless of linguistic background, we ask you please, to remember to - make **WAVES**.



W – Wait. Please allow longer pauses in your speech. Some students need extra time to think about what you have said.

A – Adapt your language where possible. Try to avoid colloquial, idiomatic language.

V – Visual support can be helpful (pictures, gestures, slides, board work, diagrams, examples etc.)

E – Explain. Please explain any technical terms or examples. Our students are from a range of academic and cultural backgrounds.

S – Speech. Please speak slowly and clearly.

Technical set up for Presentation

The presentation room will be equipped with a PC, projector, screen, speaker and clicker. Therefore, ideally bring any presentation on a USB stick. In the past we have experienced issues with loading Prezi due to our internet connection which can be slow. Please email us your Prezi in advance so we can make sure it works. Of course, you can also present without using technical support, if you prefer.

Promotional Material and Student Contacts

Of course, you can hand out brochures, flyers, business cards and other goodies you might bring. It is also perfectly fine to ask the students to complete contact cards to stay in touch with them after your visit. We as the College are however, due to data protection laws, not allowed to give out students email addresses or other personal information, without the students' consent. Please also be conservative with the amount of paper resources that you bring – 1 guidebook in our library is fine! We're trying to be responsible when it comes to the amount of paper we use in college.

Interviews

We offer the option to interview/ meet students individually or in small groups either directly after the talk (supper time is from 17.45-19.00) or the following morning. In the mornings, students need to be excused from class for this and therefore we need to be sure they are serious in your institution when signing up. If you know your availability for interviews and departure time in advance it would be good to know this before you arrive, as students need to pre-register for interviews before you arrive.

Most universities use this time to allow students to ask individual questions and to get to know them a little better and therefore it is rather informal. You can use this time to actually interview the students as part of your admissions process, in which case I would ask you to inform me and the students about this when booking the appointment.

Keeping us up to date

It would be great if you could make sure to give Janie and Francine the latest update on new courses you offer, entrance and especially IB and standardise test requirements, scholarships and financial aid awards, changes to your campus, offerings to prospective students and anything that would be good for her to know, that you do not cover in your presentation.

How to get to Atlantic College

Even though it might look remote on the map, it is actually quite easy to get to Atlantic College.

By Air

Cardiff Airport (CWL) has direct connections with Amsterdam (AMS), Paris (CDG) and Dublin (DUB) which connect directly to the US and Canada. Cardiff airport is only 25min by taxi from the College. A single taxi fare costs around £22-25 with Flight Link Taxis. Please see www.cardiff-airport.com/by-taxi on how to book.

London Airports have connections to anywhere in the world. Generally transportation from London airports to the centre lasts about one hour. London then connects to us by train (see below).

By Train and Taxi

There are direct trains from London Paddington (PAD) to Cardiff Central (CDF) or by going one stop further to Bridgend (BGN). They take about 2.45-3.00 hours and leave twice an hour. At Bridgend station you will find taxis waiting outside the station that can take you to the College in about 20-25min and cost around £20. Should there not be any taxis you can call Dragon Taxis (<http://dragontaxis.com/bridgend/>) on +44 1656 655 766.

Alternatively you could take the train from Cardiff or Bridgend to the local train station in Llantwit Major (LWM). The trains go once an hour from either direction. Llantwit Major is only about a 5min drive to the College, however there are no taxis at the station and it can be very difficult to even pre-book taxis as there are only two small taxi companies located in Llantwit Major and they are also used to take students from and to local schools in the morning and afternoon. To arrange a taxi from Llantwit Major call Andy Cars on +44 1446 796777 or Taxi Taxi on +44 1446 794494.

There is a bus stop at the station and the 303 goes directly to the college and costs £1.80. They aren't the ever so frequent but the drivers are very nice!

To check train times and book trains in the UK, you can use www.nationalrail.co.uk

By Car

Should you feel adventurous driving on the left hand side and enjoy country lane driving then a road trip to Atlantic College can be nice. Use the M4 into Wales (Please note there is a £6.70 toll for crossing the bridge into Wales) and then use exit Junction 35. At the roundabout take the 3rd exit to Pencoed (A473). At the next roundabout take the 3rd exit again. Then take the first exit going straight at the next smaller roundabout. Then follow this road for about 3 miles (6 min) going through Ruthin and Llangan. In Pentre Meyrick you reach a double T-junction crossing the A48. Basically you go straight by turning left and then immediately right following the sign to Llantwit Major and Atlantic College (B4270).

Follow the B4270 going through Llynswoerney, and past Llandow staying on the road. At the roundabout after about 6 miles (8 min) take the 3rd exit following the signs to Atlantic College. After about 2 miles (3 min) turn sharp left following the sign to Atlantic College. Follow the small farm road for about a mile until you reach a T-Junction. Turn left into St Donat's village. Drive past the West Entrance to the Main Entrance of the College on your left where the main road makes a right turn. After you pass security at the main gate, drive down the main drive

to the castle. You will find the visitor car park to your right just before the castle. See <https://goo.gl/maps/zcZCO> for the map.

Where to find us on the campus

Once you arrive on our campus, please get a visitor badge from the security guard at the main entrance – your name should be on the list, if it is not, we're sorry and they will call us! Then head straight down the main drive to the castle's outer arch. We will come and find you!

Leaving Atlantic College

If you need us to arrange a taxi for you at the end of your visit, please let us know when you arrive as sometimes getting taxis can take quite a while. If we are not at all able to arrange a taxi we will do our best to find someone to drive you to your destination – we're part of a community here who are all keen to help.

Accommodation

Most university representatives enjoy staying locally in Llantwit Major at the West House Hotel which just has received a refurbishment under new ownership in 2017 (<http://www.townandcountrycollective.co.uk/west-house-hotel/> , T: +44 1446 792 406, ENQUIRIES@WESTHOUSE-HOTEL.CO.UK)

However, there are many more local accommodation options available and a list can be found on our website www.atlanticcollege.org/local-accommodation. Please mention that you are visiting UWC Atlantic College as we might have arranged a discounted price with the accommodation.

We now have 2 rooms available in the castle that have just been fully renovated (they are lovely!) They don't have all the amenities that you would get in one of the local hotels but you can have wifi and enjoy meals in the castle. The cost for these rooms is about £40 per night – if you would like us to book you one of these rooms, do please let us know.

Local Dining

Supper time in the College is already from 17.45-19.00pm. You are welcome to stay and eat with the students but most visitors enjoy eating in local restaurants and pubs. A selection of our local favourites can be found here:

- The Old Swan Pub - knifeandforkfood.co.uk/swan, Llantwit Major
- Il Vesuvio Italian Restaurant - www.ilvesuviorestaurant.co.uk, Llantwit Major
- Jaipur Bangladeshi & Indian Cuisine - www.jaipurcuisine.co.uk , Llantwit Major
- The Horse Shoe Pub - www.theshoesmarcross.co.uk, Marcross
- The Plough and Harrow Pub and Restaurant - ploughandharrow.org, Monknash

Visiting other schools

In order to get the most of your visit you might want to combine your visit with visits to other schools in the local, UK or EU area.

Other UWC: We would be happy to provide you the contact details for the other UWCs as visits to our European sister schools are easily arranged.

International Schools in London: We work closely with many other international schools in the UK, if you are struggling to contact someone – please let us know and we will happily connect you.

North-West Europe <https://sites.google.com/a/isb.be/north-west-europe-high-school-visits>

Other relatively local schools are

- We work closely with **Cardiff Sixth Form College** <https://www.ccoex.com/> and Hayley Bendle and her team are happy to welcome university visitors, too.
- Bristol Grammar School <http://www.bristolgrammarschool.co.uk/>
- Haberdasher's Monmouth Schools <http://www.habs-monmouth.org/>
- Taunton International School <http://www.tauntonschool.co.uk/>
- Bryanston School <http://www.bryanston.co.uk/>
- Alys Langdale at Marlborough College is delighted to welcome university visitors and this can also be a great mid-point between London schools and us. acl@marlboroughcollege.org
- Several schools in Cheltenham (Grammar, Ladies, etc.)

Local Attractions

We thought that some of you might have the luxury of having a few or half a day off and might want to know what to do around the area.

Llantwit Major

Our local Town has more to offer than you would first assume, you will find several supermarkets, pharmacies, a book shop, a toy shop, some boutiques and some nail salons, barbers and hair dressers if you fancy a bit of a change. The Church and, if you like a little walk, the beach and its café serving yummy Sandwiches are worth a visit. See <http://llantwitmajorguide.co.uk>



Cowbridge

If you like some shopping in independent shops this sweet old market town is a treat. Cowbridge only about a 15mins drive from the College has little boutique shops, vintage shops, charity shops, lovely coffee shops and restaurants as well as a lovely atmosphere in this small village town. <http://cowbridgeguide.co.uk>

Walks



Our College is along a public footpath for a nice long walk. There are many great paths offered in the local area. So if you like to clear your head and brought some good shoes, this could be your outing.

See www.valeofglamorgan.gov.uk/en/enjoying/visit-the-vale/see-and-do/Walking-in-the-Vale/walking-in-the-vale.aspx. You find Atlantic College on the *Coast and Lighthouse Walk*.

Cardiff Bay

Cardiff Bay is where you find the Wales Millennium Centre - home of the Welsh National Opera, the Techquest - a science and technology hands on exhibition, the World of Boats – a boat exhibition, the Red Dragon Centre – a bowling alley, cinema, casino and entertainment centre and many restaurants and bars. See www.visitcardiffbay.info





Cardiff Castle

If you felt inspired by our castle and want to see more history, then Cardiff Castle is a must. The Bute Park around it is beautiful for walks or simply enjoying the sun on a bench. The Castle is right in the city centre.

See www.cardiffcastle.com

Cardiff City Centre

Cardiff city centre has a nice shopping high street, several small arcades and the St David's indoor shopping mall. This is within easy walking distance from Cardiff Central or Cardiff Queen Street train station. See www.visitwales.com/things-to-do/attractions/shopping/cardiff-shopping.

Some more links

- www.visitcardiff.com
- www.visitwales.com/explore/south-wales/cardiff/must-do-list
- www.visitcardiffbay.info
- www.tripadvisor.co.uk/Attractions-g186460-Activities-Cardiff_South_Wales_Wales.html
- www.museumwales.ac.uk/bigpit