



## MEDICAMP 2021 | FREQUENTLY ASKED QUESTIONS

### #MediCamp2021

**Venue:** UWC Atlantic, St Donats, Vale of Glamorgan, South Wales, UK, CF61 1WF

**Date:** 31<sup>st</sup> July 2021- 14<sup>th</sup> August 2021

### COURSE DETAILS

#### What is MediCamp?

MediCamp is an innovative, residential programme for 16-18 year-olds aimed at developing crucial skills within the field of Medicine. In 2021 MediCamp will be run in conjunction with UWC Atlantic College from July 31st-August 14<sup>th</sup> to form MediCamp UWC.

MediCamp UWC will offer participants an inside-view of Medicine and its close relationship with allied healthcare specialities. Course content focuses on the acquisition of clinical and communication skills, medical knowledge, crucial first-aid and life support, awareness of global and public health challenges and an appreciation of the imperative roles of allied healthcare professions.

MediCamp UWC sets itself apart from many other courses by prioritising participant experience of Medicine and ensuring they complete the course having gained a real-life insight into this fascinating field.

#### Is there a minimum English language level required to be accepted onto the MediCamp UWC course?

Yes. To ensure all participants get the optimum experience from MediCamp UWC, it is imperative that you feel confident to understand, communicate and present in front of peers effectively through the English language. As part of the application process, participants will be asked to provide proof of current English language proficiency either in the form of a recognised certificate or a written reference that supports their level of proficiency.

#### How many participants will there be in total?

There will be between 30-50 participants in total during the course.



### **What is the dress code throughout the course?**

Most educational activities including lectures, clinical skills and away-day visits will require comfortable, casual clothing. At times of any patient contact, a smart-casual (no jeans, no t-shirts or polo-shirts) appearance is expected.

### **Will there be any blood?**

No. Any clinical skills provided during the course will be within a simulated environment only. Many of the models and mannequins used are however extremely high-tech and will simulate clinical scenarios and procedures that as near as possible to 'real-life'. We understand that many experiences gained on MediCamp UWC will be new to participants and so all clinical skills and educational material is delivered in a sensitive manner.

### **Will there be any sensitive or ethically challenging issues discussed?**

Yes. MediCamp UWC aims to engage participants in open, balanced and stimulating discussions around many topics that are relevant to medicine, healthcare and wellbeing. Understandably, participants may be affected personally by some of these discussions but are encouraged to make course facilitators aware of any concerns they may have to ensure relevant support is provided. Participants are by no means obliged to engage with any activity that they feel unable to.

### **What if I have a disability or physical impairment that may limit my participation in some aspects of the course?**

Due to the nature of the course material, a small number of activities may not be fully accessible to all participants. MediCamp UWC will endeavour to make reasonable adjustments to ensure applicant participation in all activities but where not possible alternative activities will be arranged. Please inform MediCamp UWC prior to the course if this applies to you. If you have specific questions we will be happy to discuss how we can ensure any additional adjustments are made for you.

### **Will there be any patient contact?**

There will not be any patient contact within a clinical environment. Some talks and 'patient-experience' discussions may be delivered by patients or have a patient in attendance in order to enhance your knowledge of certain aspects of medicine and healthcare.

### **Will I gain any qualifications by attending MediCamp UWC?**

Certificates will be provided at the end of the course giving accreditation for those activities undertaken. You will also be issued with a formal First Aid certificate (one-day course) on successful completion of this aspect of the course.



### **How much supervision is provided during the course?**

There will be 6-10 educational facilitators present throughout all academic and clinical activities. Facilitators will support and encourage during small-group sessions, act as tutors and advisors, and ensure participant experience and enjoyment is prioritised. Outside of educational times (i.e evening and overnight) pastoral and medical care will be provided 24hrs/day (see additional FAQ's for more info).

## **ACCOMMODATION**

### **Where will I sleep?**

We will be using one or two of the student houses on-campus – male and females will be on separate floors, areas or buildings. Participants will be sharing a room with up to four other participants. Showering and toilet facilities are available within the houses. All participants are encouraged to socialise in the house day rooms, college common areas and outside, weather permitting. Participants are strongly encouraged to respect each other's space, and there will be no mixing between the houses. It is important that all participants respect this throughout the whole duration of the programme ensure all participants and staff are made to feel comfortable at all times.

### **What are the security arrangements?**

UWC Atlantic has 24-hour security on the campus and participants will be clearly informed of the security arrangements as part of the first-day inductions. Participants will be strictly monitored at all times with attendance being taken at regular intervals of the day.

### **What are the arrangements for meals?**

Most meals will be enjoyed in the main dining hall within the castle. All dietary requirements can be catered for and a full range of hot and cold food is offered. There will also be snack points throughout the day appropriate to the timetable but will typically include an additional mid-morning and mid-afternoon snack. Snacks and drinks will also be available in the common kitchen of each student house. On days where participants are off-site on educational activity or on a day excursion, full packed meals will be provided.

## **LEISURE AND OFF-SITE ACTIVITY**

Scheduled leisure activities will be arranged throughout the MediCamp course. UWC Atlantic College boasts a vast array of facilities that participants will be able to utilise.



### **What are the main activities?**

The UWC Atlantic campus boasts its own beach, forest, lake, brand new indoor sports centre, concert / theatre venue, cinema, an indoor and outdoor swimming pool, outdoor and indoor volleyball, climbing tower and a gym. Full use of these facilities will be made to offer a great schedule of activities such as climbing, raft building, kayaking, hiking, orienteering and also a relaxing programme of evening activities where participants can socialise with fellow attendees, course facilitators and UWC Atlantic College staff.

### **Will there be any time spent off-site?**

Yes. Not only will participants be attending various off-site educational activities within the South Wales area, but social and leisure trips will be arranged during the course. Participants will be spending time at the University of South Wales and Swansea University undertaking various educational activity. Some aspects of the scheduled adventurous activity will be undertaken off-site. Details of leisure excursions will be confirmed nearer to the time of MediCamp UWC.

### **Is there a structured daily routine?**

Participants will be encouraged to participate in various optional morning activities prior to breakfast on most days. This may include swimming, yoga, meditation, mindfulness, a short sport activity or gym session. Educational activity will follow after breakfast with scheduled breaks. Plenty of time will be given for lunch and further educational material will be provided after lunch. Evening activities will include quizzes, artwork competitions, film nights, sports and simple free-time. The daytime timetable is extremely varied and action-packed. Please see the proposed timetable for specific activities. We will always aim for 'lights-out' in all houses at 11pm.

## **TRANSFERS**

### **Direct arrival to UWC Atlantic**

Participants within the UK should aim to arrive at UWC Atlantic between 16.00 pm (GMT) and 19.00 pm (GMT) on the course start date and to depart 12.00 pm (GMT) on the final day of the programme. You are welcome to be dropped off and collected to and from the address mentioned above. Those wishing to travel by train should aim to arrive/depart from either Bridgend or Llantwit Major stations, and arrangements for transfer to the College should be made prior to your arrival using the correct section in the travel and logistics form.

### **Arrival at a specified UK airport**



Participants travelling from overseas should aim to arrive at London Heathrow Airport, Bristol Airport or Cardiff Airport (which is approximately 10.3 miles from the College) between 11.00 am (GMT) and 16.00 pm (GMT) on the course start date and to depart from the same airport with a flight scheduled between 14.00 pm (GMT) and 18.00 pm (GMT) on the final day of the programme. Please be informed that alternative arrival times may include a supplement.

## WELLBEING

### **If I am unwell during the course, what are the arrangements for medical care?**

Should any participants require medical assistance, transport to the nearest medical facility or hospital will be available 24h/day, and parents/guardians/next-of-kin will be kept informed accordingly at all times. In case of injury, there is always a member of staff on duty who is first aid trained, and will be able to aid on site.

### **Will there be free time to explore the local area outside of the UWC campus?**

Scheduled activities off-campus will be arranged throughout the course where participants will be able to experience and explore the local area under supervision. Participants will not be permitted to leave the campus or any activity/excursion for any reason other than during formal course activities. Parents, other family members or friends are not permitted to visit at any point during the course, including when participants are on an excursion. In the case of an emergency, relatives and friends must contact UWC Atlantic Experience on the emergency number and relevant arrangements will be made.

## PAYMENTS AND CONDITIONS

We fully understand that globally we are in unprecedented times due to the Covid-19 pandemic. MediCamp UWC is therefore running an 'Apply now, pay later' schedule where it is possible to apply for and reserve places on MediCamp UWC immediately with no fees to pay until May 2021.

### **How do I enrol on the course?**

We kindly ask you to complete the application process via the UWC Atlantic Experience website. All applications will be considered by the MediCamp UWC team and a letter of confirmation will be issued to you if accepted. If your application is received after all places on the course are filled, your name will be added to a waiting list and you will be informed of this accordingly.

If you are accepted onto the course, you will receive an email from MediCamp UWC at the beginning of May 2021 with terms and conditions and an invoice for payment in full. The payment deadline following receipt of the invoice will be 10 working days. If payment is not received within the allotted 10 working day timescale, places will be offered immediately to those names on the waiting list.